



Don Warrener's Martial Arts Academy

85 Charing Cross , Brantford, Ont. (519) 751-1117

Adult Classes

Adult Schedule
Begins September 4th

CLASSES	MON	TUE	WED	THU	FRI	SAT
Open Class		12:00 to 1:00		12:00 to 1:00		1:15 to 2:15
Beginner Class	7:15 to 8:15		7:15 8:15			
Open		7:10 To 8:20				
Green to Black		8:20 To 9:20				
Yellow to Blue				8.00 to 9:10		
Brown to Black				6:50 to 8:00		
Sparring Class					7.00 to 8:00	

“The person who thinks of doing something is usually passed by someone doing it.”